

# READY FOR SCHOOL CHECKLIST

TICK EACH TASK  
AFTER IT HAS BEEN DONE

## 2008

- Enrol your child at school.
- Attend orientation or transition programs.
- When immunisations are due, ask to have your child's hearing and sight checked.
- If your child has an allergy, medical condition or any special needs make an appointment to see the principal.
- Fill in a travel pass application if this applies to you. See page 9.
- Organise who will be looking after your child before and after school. Fill in applications for an OOSH service if needed. See page 9.
- Look at your school's website, go to: [www.schools.nsw.edu.au](http://www.schools.nsw.edu.au) and choose your school's name from the alphabetical list.

### At orientation or transition:

- Ask for a tour of the school
- Find out Kindergarten starting and finishing times
- Find out about the school uniform
- Meet other parents
- Try to organise for your child to play with other children starting Kindergarten before school starts.

### School supplies needed:

- School uniform (summer, winter, sports)  
One size larger will allow for growth
- Sun hat (usually part of school uniform)
- School shoes and running shoes  
(velcro if they can't tie laces)
- Backpack (may be available from the school)
- Lunchbox and drink bottle (let your child choose one they can open)
- Raincoat
- Paint shirt (an old T-shirt will do)
- Library bag.

## 2009

- Spend some time with your child following the tasks written on the Countdown to school calendar. See page 14.
- Write your child's name on everything for school including their shoes, lunchbox, jackets, etc.
- Teach your son to use a urinal.
- Make sure you have the school's phone number.

### The night before the first day of school

- Lay out your child's clothes, shoes and socks.
- Help your child to pack their school bag.
- Pack a spare pair of underpants, socks and a change of clothes in a plastic bag. Let your child know these are in their backpack in case they have any toilet accidents at school.

### The first day of school

- Be positive about the first day.
- Pack your child's recess and lunch.
- Encourage your child to dress themselves.
- Tie your child's hair back.
- Apply sunscreen to your child each morning.
- Take photos!

### The first weeks of school

- School will let you know when to pack items for activities such as sport, art or library.
- Children are often very tired in the first weeks of school. Your child will need lots of sleep.
- Give your child a healthy breakfast.
- Make sure your child always knows who will be picking them up.
- Check your child's bag each night.
- Try to establish regular morning routines.
- Be early for the afternoon pick-up.
- Start a home reading routine each afternoon.
- Talk to the teacher about helping in the classroom.
- Chat to your child about their day at school.
- It is very important that your child still has time to relax, play outside and do things that they enjoy.

