Week 8, Term 1, 2014

Principal’s Message

Thank you to the Dad who donated a uniform that was now too small for his daughter. We gratefully accept any pre-worn and still in good condition uniforms! Ms Eves will be travelling into the heart of Australia during the last two weeks of term. 2E will be capably taught by Mr David Stark. I thank Ms Eves for her dedication and expertise!

Could I please ask if the students could not wear their special Glebe T-shirt to school and wear the school uniform T-shirt. The Glebe shirts are for special occasions.

You would have received a special letter this week about impetigo (school sores). Please talk with your child about washing hands. I am making sure that soap is provided in classrooms and toilets. Teachers have been speaking to the students about cleanliness as well.

Year 6 High School Applications

All students in Year 6 have been given an Expression of Interest for High School 2015 application form. These forms needed to be completed and returned to the school by Wednesday, 19th March. Should you have ANY questions or queries regarding this application, please contact Mr Walker as soon as possible.

Year 6 Guessing Competition

Students from Year 6 will be selling ‘Guessing Competition’ tickets before and after school for the next 3 weeks. The funds raised will go towards our Year 6 school camp. Tickets are 50 cents each or $3 for $1. The prize is a copy of Shaun Tan’s latest book ‘Rules of Summer’.

Close the Gap Day

Around 150,000 Australians are expected to join this year’s National Close the Gap Day on 20 March. Support of National Close the Gap Day has been central in getting Australian governments to prioritise Indigenous health over the last few years. This in turn has led to declines in Aboriginal and Torres Strait Islander infant and child mortality. Glebe Public School will be holding various activities in support of this day.

Lego Afternoons at Glebe or Ultimo Library

Join our new Lego sessions with time for free creative play as well as one or two ideas guided by library staff. 5-12 yrs. Sorry, no infants or toddlers due to health and safety reasons.

Tuesday 25 March, 4-5pm
Glebe Library
Thursday 27 March, 4-5pm
Ultimo Library

Term 1 Diary

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<th>Date</th>
<th>Event</th>
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<td>21</td>
<td>21 March</td>
<td>Harmony Day</td>
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<td>9</td>
<td>25 March</td>
<td>P&amp;C Mtg 6:30 pm</td>
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<td>10</td>
<td>31 March</td>
<td>Stewart House Bag pick up</td>
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<td>Maths Key Learning Day – K-6</td>
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<td>5</td>
<td>5 April</td>
<td>Trivia Night</td>
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<td>11</td>
<td>11 April</td>
<td>Last Day, Term 1 – Easter Assembly</td>
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The Harmony Day Assembly this week will be hosted by 2E and 6B. It will start at 2:15pm.

Birthdays

Noah – 4/5L

Have a Great Week!

Ms Vicki Pogulis
Principal
Harmony Day

It is a day to celebrate Australia’s diversity. It is a day of cultural respect for everyone who calls Australia home – from the traditional owners of this land to those who have come from many countries around the world. Please see the attached information detailing the events that we will be having at Glebe Public School in support of this important event.

SRC Reps

Each class has representatives who meet on a regular basis with Ms Moskwa and Mr Walker to discuss school matters. These meetings follow class meetings and issues and requests and brought to the SRC meeting. The representatives for classes are:

KM Axl and Jemima
KW Ashton and Scarlett
1C Sophia and Quang
2B Mia and Malachi
2E Ernest and Tamia
3/4D Eli and Jacob B
4/5L Killian and Talulah
6B Sarah, Lily and Marley

P and C News

Harmony Day BBQ

The P&C is providing a BBQ lunch at Harmony Day TOMORROW. Thank you to those parents and carers who are helping us to be able to support the school in this way. We hope that many of you will come along and join in the Harmony Day experience at Glebe. Don’t forget to find something orange!

And Trivia tickets will be on sale at Harmony Day!!

Trivia Night - don’t miss out!!

With only 2 weeks to go, tickets are going (well sort of) fast. Help support the school AND have a great social night out with friends, staff and members of our Glebe community.

The tickets are $20 for staff, parents and carers at Glebe Public School and $25 for everyone else.

Anyone with further prizes to locate or donate please keep up the hard work & If you wish to purchase a ticket please see anyone from the P&C executive which includes Anna Playford, Verity Firth, Joanne Lee (Jo), Louise Sharpe, Ari (or Chris) Maniatis and Kylie Adams. Note that our November 2012 Trivia night was a sellout event.

Cheers

Anna Playford

President Glebe Public School P&C Association

ccommittee@glebeschool.org.au
Parent tips

National Assessment Program – Literacy and Numeracy (NAPLAN)
If your child is currently in Year 3, 5, 7 or 9, they’ll sit NAPLAN tests this May. And despite what you
may have heard, there’s no reason to panic or start an intensive study schedule for your child.


Sushi train
Brown rice sushi rolls are a nutritious change to pack for school lunches. Unlike white rice sushi, they
can be made the night before, and the filling can be adapted to suit your child’s preferences. Pack in a
chiller bag with an ice pack and include some little soy sauce fish.


School A to Z app
Do you struggle to understand your child’s homework? Does your child need to practise their spelling
and times tables? Are you looking for inspiration for projects and assignments? This free homework
helper app provides maths and English glossaries, assignment starters and more.

Find out more: http://www.schoolatoz.nsw.edu.au/about/mobile-applications/school-a-to-z

Wild Australia app
Your child can use this terrific app as an interactive educational tool at Taronga Zoo in Sydney or at
Taronga Western Plains Zoo, Dubbo. Wild Australia can also be used at home to discover more about
the zoos’ amazing animals and interesting keepers.


Comprehension help at home
Every subject relies on students having the ability to understand what they’re reading and then use
the information in a certain way. Here’s how to check your child’s comprehension and help them
to improve.


Essay help video
Teachers talk about essay structure and how parents can help, even if they’re not familiar with the
topic. The package comes complete with a range of useful reference sheets on tasks such as critical
analysis, evidence and references.

Some infectious diseases of children

For more information please contact your local public health unit, community health centre, pharmacist or doctor

Chicken pox
Time from exposure to illness
2 to 3 weeks.
Symptoms
Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab. Can be more severe in pregnant women and newborns.
Do I need to keep my child home?
Yes, for 5 days after the rash first appears and until the blisters have all scabbed over.
How can I help prevent spread?
Immunisation is available for children over 12 months old. It is recommended for people over 12 years who are not immune.

Conjunctivitis
Time from exposure to illness
1-3 days.
Symptoms
The eye feels scratchy, is red and may water. Lids may stick together on waking.
Do I need to keep my child home?
Yes, while there is discharge from the eye.
How can I help prevent spread?
Careful hand washing; avoid sharing towels. Antibiotics may be needed.

Gastroenteritis
Time from exposure to illness
Depends on the cause: several hours to several days.
Symptoms
A combination of frequent loose or watery stools, vomiting, fever, stomach cramps, headaches.
Do I need to keep my child home?
Yes, at least for 24 hours after diarrhoea stops.
How can I help prevent spread?
Careful hand washing with soap and water after using the toilet or handling nappies and before touching food.

German measles
(Rubella)
Time from exposure to illness
2 to 3 weeks.
Symptoms
Often mild or no symptoms; mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time. Can cause birth defects if pregnant women are infected.
Do I need to keep my child home?
Yes, for at least 4 days after the rash appears.
How can I help prevent spread?
Immunisation (MMR) at 12 months and 4 years of age.

Glandular fever
Time from exposure to illness
4 to 6 weeks.
Symptoms
Fever, headache, sore throat, tiredness, swollen nodes.
Do I need to keep my child home?
No, unless sick.
How can I help prevent spread?
Careful hand washing, avoid sharing drinks, food and utensils and kissing.

Hand, foot and mouth disease
Time from exposure to illness
3 to 7 days.
Symptoms
Mild illness, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area.
Do I need to keep my child home?
Yes, until the blisters have dried.
How can I help prevent spread?
Careful hand washing especially after wiping noses, using the toilet and changing nappies.

Head lice
Time from infestation to eggs hatching
Usually 5 to 7 days.
Symptoms
Itchy scalp, white specks stuck near the base of the hairs, lice may be found on the scalp.
Do I need to keep my child home?
No, as long as headlice management is ongoing.
How can I help prevent spread?
Family, friends and classroom contacts should be examined and managed if infested.

Hepatitis A
Time from exposure to illness
About 2 to 6 weeks.
Symptoms
Often none in small children; sudden fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.
Do I need to keep my child home?
Yes, for 2 weeks after first symptoms or 1 week after onset of jaundice.
How can I help prevent spread?
Careful hand washing; close contacts may need to have an injection of immunoglobulin; immunisation recommended for some people.

Impetigo (school sores)
Time from exposure to illness
1 to 3 days.
Symptoms
Small red spots change into blisters that fill with pus and become crusted; usually on the face, hands or scalp.
Do I need to keep my child home?
Yes, until treatment starts. Sores should be covered with a wet tight dressing.
How can I help prevent spread?
Careful hand washing.

NSW HEALTH
Better Health Good Health Care

www.health.nsw.gov.au
Influenza

Time from exposure to illness
1 to 3 days.

Symptoms
Sudden onset fever, runny nose, sore throat, cough, muscle and headaches.

Do I need to keep my child home?
Yes, until they feel better.

How can I help prevent spread?
Immunisation is recommended for the elderly and people with chronic illnesses.

Measles

Time from exposure to illness
About 10 to 12 days until first symptoms, and 14 days until the rash develops.

Symptoms
Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.

Do I need to keep my child home?
Yes, for at least 4 days after the rash appears.

How can I help prevent spread?
Immunisation (MMR) at 12 months and 4 years of age. Contacts who are not immune should not attend school or work for 14 days.

Meningococcal disease

Time from exposure to illness
2 to 10 days.

Symptoms
Sudden onset of fever and a combination of headache, neck stiffness, nausea, vomiting, drowsiness and rash.

Do I need to keep my child home?
Seek medical help immediately. Patient will need hospital treatment.

How can I help prevent spread?
Avoid sharing drinks. Close contacts should see their doctor urgently if symptoms develop, and may need to have a special antibiotic.

Mumps

Time from exposure to illness
14 to 25 days.

Symptoms
Fever, swollen and tender glands around the jaw.

Do I need to keep my child home?
Yes, for 9 days after onset of swelling.

How can I help prevent spread?
Immunisation (MMR) at 12 months and 4 years of age.

Ringworm

Time from exposure to illness
Varies (may be several days).

Symptoms
Small scaly patch on the skin surrounded by a pink ring.

Do I need to keep my child home?
Yes, until the day after fungal treatment has begun.

How can I help prevent spread?
Careful hand washing.

Scabies

Time from exposure to illness
New infections: 2 to 6 weeks; reinfections: 1 to 4 days.

Symptoms
Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.

Do I need to keep my child home?
Yes, until the day after treatment has begun.

How can I help prevent spread?
Close contacts should be examined for infestation and treated if necessary. Wash linen, towels and clothing worn in the past 2 days in hot water and detergent.

Scarlet fever

Time from exposure to illness
1 to 3 days.

Symptoms
Sudden onset sore throat, high fever and vomiting, followed by a rash in 12 to 36 hours.

Do I need to keep my child home?
Yes, until at least 24 hours of treatment has begun and the child is feeling better.

How can I help prevent spread?
Careful hand washing. Sick contacts should see their doctor.

Slapped cheek (Erythema infectiosum, Fifth disease, Parvovirus B19)

Time from exposure to illness
1 to 2 weeks.

Symptoms
Mild illness; fever, red cheeks, itchy face-like rash and possibly cough, sore throat or runny nose. Can cause foetal disease in pregnant women.

Do I need to keep my child home?
No, most infectious before the rash appears.

How can I help prevent spread?
Careful hand washing; avoid sharing drinks.

Whooping cough (pertussis)

Time from exposure to illness
7 to 20 days.

Symptoms
Starts with runny nose, followed by persistent cough that comes in bouts. Bouts maybe followed by vomiting and a whooping sound as the child gasps for air.

Do I need to keep my child home?
Yes, until the first 5 days of a special antibiotic have been taken.

How can I help prevent spread?
Immunisation at 2, 4, 6, and 18 months and 4 years of age. A special antibiotic can be given for the patient and close contacts. Unimmunised contacts may be excluded from child care until the first 5 days of a special antibiotic has been taken.

Worms

Time from exposure to illness
Several weeks.

Symptoms
Itchy bottom.

Do I need to keep my child home?
No.

How can I help prevent spread?
Careful hand washing. Whole household should be treated. Wash linen, towels and clothing worn in the past 2 days in hot water and detergent.
Leichhardt Campus
SCHOOL TOURS

Wednesday 19 March, 9.15 - 9.45 am
Thursday 20 March, 9.45 - 10.15 am
Wednesday 26 March, 9.15 - 9.45 am
Wednesday 9 April, 9.15 - 9.45 am

To book a tour please contact SSC Leichhardt:
Phone: 02 9560 2565
Email: leichhardt-h.school@det.nsw.edu.au
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<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
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<th>THURSDAY</th>
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<tr>
<td>Sport Day!</td>
<td>Tweenies: Swimming + GYS</td>
<td>Tweenies: Years 4, 5 + 6</td>
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<td>• OzTag</td>
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<td>• Soccer</td>
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<td>Police &amp; Community Youth Clubs</td>
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<td>• Poison Ball</td>
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**Activities:**
- OzTag
- Soccer
- Elastics
- Handball
- Poison Ball
- 2037
- GLEBE YOUTH SERVICE INC
- Police & Community Youth Clubs
- Flexing our artistic muscles and creative brains
- Foley Park
- Youngies: Years K, 1, 2 + 3
- Hockey Skills
- Playground
- Tear it up with some fun in the playground

**Dinners:**
- Afternoon Tea
  - Fruit Platter
  - Vegetable Spring Rolls
  - Dinner
  - Sausage and Risoni Stew
- Afternoon Tea
  - Fruit Cruskits
- Dinner
  - Chicken Paprika
- Afternoon Tea
  - Fruit Platter
  - Dip Platter
- Dinner
  - Cauliflower Soup
- Afternoon Tea
  - Fruit platter
  - Corn Cobs
- Dinner
  - Penne Boscaiola
- Afternoon Tea
  - Fruit platter
  - Yoghurt
- Dinner
  - Baked Indian Fish Pilaf

**Rates:**
- Before School Care: $14
- After School Care: $18

*Discounts apply for eligible families! See Kim or Linda to find out how!*
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<tr>
<td>Mad Hatter Tea Party</td>
<td>Victoria Park Pool</td>
<td>United Way Corporate Day</td>
<td>Unlimited Rides at the Family Show</td>
<td>Good Friday</td>
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<tr>
<td>Dress up as your favourite book character &amp; Drink tea</td>
<td>Please bring your swimmers &amp; Towel</td>
<td>Sponsored by: ING DIRECT</td>
<td>Limited Spaces!!</td>
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<tr>
<td>MONDAY 21st</td>
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<tr>
<td>Easter Monday</td>
<td>Game Master @ Powerhouse Museum</td>
<td>Out and About in the Glebe Community</td>
<td>Flip Out</td>
<td>ANZAC DAY</td>
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<td>Limited Spaces!!</td>
<td>Limited Spaces!!</td>
<td>$15</td>
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Daily Fee: $38. Excursion costs are an additional cost located on the bottom right of the daily activity box.
Please ensure to pack a hat for the day!
Great Sprouts!

A clever class

2E is growing sprouts.
Harmony Day 2014

Friday 21st March

We all belong

Wear orange!

Gold coin donation to Stewart House

12.30 – 1.05  Open classrooms

1.05 – 2.00  Barbecue provided by the P&C

2.15 – 3.00  Harmony Day assembly

Everyone is welcome!

Please come along and support your child and school.

A great opportunity to meet other parents!